



# Legacy for Life



## Investing in the Brightest Minds

Since 1952, the American Diabetes Association® (ADA) has awarded more than \$955 million to researchers at leading institutions across the United States. Our research portfolio includes 171 active awards, including 52 new projects funded this year. Our laser-focused research strategy helps us respond to the evolving diabetes landscape and invest in specific areas that are most relevant for people affected by diabetes.

For 2023, that meant investing in:

- Improving the Lives of Women with Diabetes Across the Lifespan
- Tackling the Epidemic of Youth Onset Type 2 Diabetes
- Supporting the Psychological and Emotional Needs of People with Diabetes

We complement these targeted research grants with our early-career ADA Scholars program and postdoctoral fellowships. Supporting young, talented investigators is essential for innovation and ensuring a robust pipeline of diabetes researchers for years to come.

***“Our goal is to support innovation and expose potentially life-changing ideas to partners who can provide the resources and guidance needed to move forward and advance patient care.”***

**— Chuck Henderson, CEO,  
American Diabetes Association**



Charles “Chuck” Henderson, CEO of the American Diabetes Association, honored the legacy of Jack D. Mezrah for his transformational generosity at the 84<sup>th</sup> Scientific Sessions in Orlando, Florida, in June.

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## Year-End Giving

No matter your plans, financial situation, or stage in life, there are plenty of meaningful and tax-wise ways to give this year. Remember, it's not just how much you give, it's knowing you are joining the American Diabetes Association® (ADA) in the fight to end diabetes.

### Gifts of Cash

Any cash gift, no matter the amount, is a powerful and immediate way to make a difference. You can donate with a check, credit card, or electronic transfer.

### Taking Stock

If you give appreciated securities, such as stocks, bonds, or mutual funds you have owned for more than one year, you can claim a deduction for their full value if you itemize. Best of all, you avoid any capital gains tax you'd owe if you sold the assets.

### Appreciated Property

By giving appreciated property, you can eliminate tax on up to 30% of your adjusted gross income (AGI). Any unused deductions can be used to lower taxes for up to five future years.

### Donor-Advised Funds

The increasing popularity of donor-advised funds (DAFs) means more people are contributing to them. If you have established a DAF account, please consider requesting a distribution to the American Diabetes Association. We would also appreciate being designated as the eventual recipient of funds from a terminating DAF or as a beneficiary of endowment distributions. To ensure we can express our gratitude and share how your contribution makes a difference, please let us know the amounts and sources of funds you may be generously sending us through a DAF.

*continued on Page 3*



### For Estate Planning Professionals

If we can answer any questions about your client's beneficiary designations or estate planning inclusions, contact our Planned Giving Department:

P.O. Box 7023, Merrifield, VA 22116

Phone: 888-700-7029 •

[plannedgiving@diabetes.org](mailto:plannedgiving@diabetes.org)

[diabetes.org/Giving](https://diabetes.org/Giving) •

tax ID number 13-1623888



## A Gift That Gives Back

A charitable gift annuity is a popular way to support the ADA and receive income and tax benefits in return, which can help preserve or enhance your current and future financial wellbeing. After making a gift of cash or other appropriate property, you and/or others will receive fixed payments for life and generous tax savings.\*

## Retirement Plan Giving

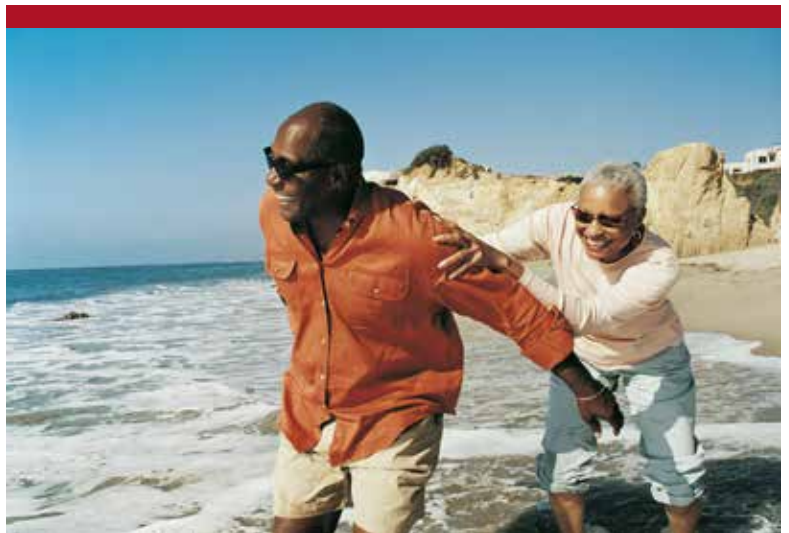
A gift from your retirement plan is an excellent way to make a meaningful gift now and in the future.

- **Give now.** If you are 70½ or older, you can make tax-free qualified charitable distributions (QCDs) from your individual retirement account (IRA) in any amount up to \$105,000 this year.
- **Give later.** Arrange for a future gift by naming the ADA as a beneficiary of a retirement plan. There are also gift plans that allow you and/or loved ones to receive income for life or another period you determine.
- **Give now and later.** Consider blending or combining current and future gifts so you can see the impact now and know your support will continue after your lifetime.

## Learn More

There are many smart ways to continue your generous support of the ADA's work. We can help you discover the best ways to meet your financial and philanthropic goals this year and in years to come. Contact us for more information at [Giving@diabetes.org](mailto:Giving@diabetes.org).

\*Charitable gift annuities are not available in all states.

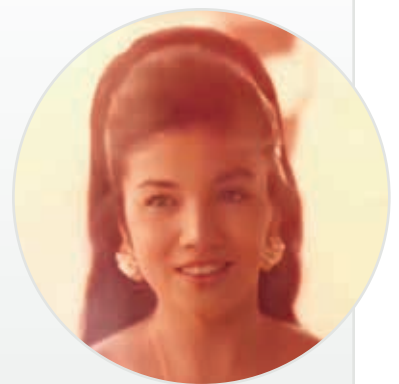


AMERICAN DIABETES ASSOCIATION

Camille Circle

### Celebrate a lasting legacy to the American Diabetes Association

The Camille Circle was established to honor those who have included the American Diabetes Association in their will or other long-range plans. Camille Blume was a talented, kind woman who believed in leading by example. She was an avid rose gardener and world traveler who was shocked to be diagnosed with diabetes later in life. Camille and her husband, Roger Blume, worked together during her lifetime to make gifts through philanthropy to help others. She passed away in 2021, but her legacy for research and finding a cure for diabetes will live on through her thoughtful estate planning. Thank you for joining others who will fight to end diabetes beyond their lifetime.



Camille Blume

## SURVEY SAYS

Thank you for sharing your insights and thoughts about the American Diabetes Association® (ADA), your connection with diabetes, our mission, and what we can do to better support you with articles and information.

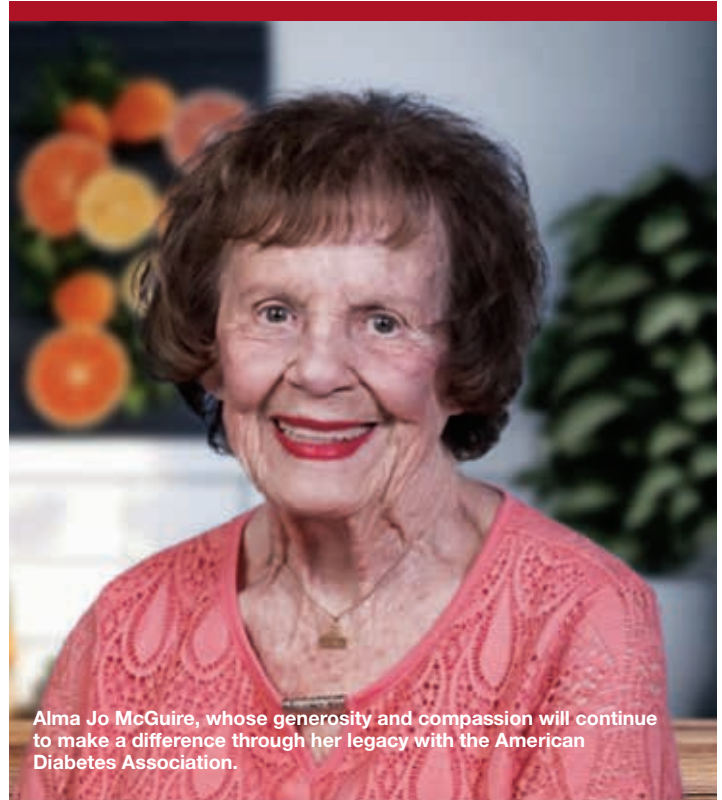
*“Your organization was close to my mother’s heart, and I hope this gift allows you to further your mission and outreach.” – Cindy, daughter of Alma Jo McGuire*

- More than 60% of survey participants believed in the importance of research. We plan to highlight news from our research team in future issues. We just returned from our Scientific Sessions in Orlando, Florida, where over 11,000 of the best and brightest minds came together to work toward a cure. **Let us know if you would like a research report or highlights from the gathering by returning the enclosed reply card.**

*“Research is transforming the landscape, enabling people with diabetes to live longer and enjoy a better quality of life.” – Marlon Pragnell, the ADA’s Vice President, Research & Science*

- 99% of respondents know someone living with diabetes, have diabetes, or have a family history of diabetes. This is not surprising, as the latest statistics show that someone in the U.S. is diagnosed with diabetes every 26 seconds and over 38 million people are living with it.

*“I lost family members because of diabetes complications. I share information and updates from the ADA to help others.” – Debbie, survey respondent*



Alma Jo McGuire, whose generosity and compassion will continue to make a difference through her legacy with the American Diabetes Association.

- 50% of respondents included questions about estate planning, requested a “Personal Financial Affairs Record,” or donated to support the American Diabetes Association. Your generosity and thoughtfulness are so appreciated. Some even shared their personal stories of why they are helping others living with diabetes and how research and advances in diabetes care have improved the lives of loved ones.

*“I just got a charitable gift annuity from the American Diabetes Association—a way to plan for my finances and support a cause I believe in.” – Rosie, Camille Circle member*

It is going to take all of us to win the fight to end diabetes. Thank you for your support!



**American  
Diabetes  
Association®**

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